

○ you who believe! Observing As-Saum (the fasting) is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqūn (the pious). (Al-Baqarah 2:183)

Ramadaan	May/June	Day	Suhoor/Fajr	Fajr Jamaat	Sunrise	Dhuhr Start	Dhuhr Jamaat	'Asr Start	'Asr Jamaat	Maghrib/Iftar	Isha Start	Isha Jamaat
1	17	Thu	3.18	3.30	5.04	1.03	1.30	5.11	5.30	8.53	10.23	10.30
2	18	Fri	3.17	3.30	5.03	1.03	1.30	5.12	5.30	8.54	10.24	10.40
3	19	Sat	3.14	3.30	5.01	1.03	1.30	5.13	5.30	8.56	10.26	10.40
4	20	Sun	3.13	3.30	5.00	1.03	1.30	5.13	5.30	8.57	10.27	10.40
5	21	Mon	3.11	3.30	4.59	1.03	1.30	5.14	5.30	8.58	10.28	10.40
6	22	Tue	3.09	3.30	4.57	1.03	1.30	5.14	5.30	9.00	10.30	10.40
7	23	Wed	3.07	3.30	4.56	1.03	1.30	5.15	5.30	9.01	10.31	10.40
8	24	Thu	3.05	3.30	4.55	1.03	1.30	5.15	5.30	9.03	10.33	10.40
9	25	Fri	3.03	3.15	4.54	1.03	1.30	5.16	5.30	9.04	10.34	10.50
10	26	Sat	3.02	3.15	4.53	1.04	1.30	5.16	5.30	9.05	10.35	10.50
11	27	Sun	3.00	3.15	4.52	1.04	1.30	5.17	5.30	9.06	10.36	10.50
12	28	Mon	2.59	3.15	4.51	1.04	1.30	5.17	5.30	9.08	10.38	10.50
13	29	Tue	2.57	3.15	4.50	1.04	1.30	5.18	5.30	9.09	10.39	10.50
14	30	Wed	2.56	3.15	4.49	1.04	1.30	5.18	5.30	9.10	10.40	10.50
15	31	Thu	2.54	3.15	4.48	1.04	1.30	5.19	5.30	9.11	10.41	10.50
16	01	Fri	2.53	3.00	4.47	1.04	1.30	5.19	5.30	9.12	10.42	11.00
17	02	Sat	2.51	3.00	4.46	1.04	1.30	5.20	5.30	9.13	10.43	11.00
18	03	Sun	2.51	3.00	4.46	1.05	1.30	5.20	5.30	9.14	10.44	11.00
19	04	Mon	2.49	3.00	4.45	1.05	1.30	5.21	5.30	9.15	10.45	11.00
20	05	Tue	2.48	3.00	4.44	1.05	1.30	5.21	5.30	9.16	10.46	11.00
21	06	Wed	2.47	3.00	4.44	1.05	1.30	5.22	5.30	9.17	10.47	11.00
22	07	Thu	2.46	3.00	4.43	1.05	1.30	5.22	5.30	9.18	10.48	11.00
23	08	Fri	2.45	3.00	4.43	1.06	1.30	5.22	5.45	9.19	10.49	11.00
24	09	Sat	2.44	3.00	4.42	1.06	1.30	5.23	5.45	9.20	10.50	11.00
25	10	Sun	2.43	3.00	4.42	1.06	1.30	5.23	5.45	9.20	10.50	11.00
26	11	Mon	2.43	3.00	4.42	1.06	1.30	5.23	5.45	9.21	10.51	11.00
27	12	Tue	2.41	3.00	4.41	1.06	1.30	5.24	5.45	9.22	10.52	11.00
28	13	Wed	2.40	3.00	4.41	1.07	1.30	5.24	5.45	9.22	10.52	11.00
29	14	Thu	2.40	3.00	4.41	1.07	1.30	5.24	5.45	9.23	10.53	11.00
30	15	Fri	2.40	3.00	4.41	1.07	1.30	5.25	5.45	9.23	10.53	11.00



Ramadaan 1439/2018

Jumu'ah Khutbah begins at 1:15 pm

Based on the Prophetic Sunnah 'Eid Salaat should be prayed in an open area (musalla) and not in the masjid, accordingly we will be establishing this Sunnah and the Salaat will be held at the Chalvey Recreational Ground at 8am insha'Allah

## Ramadaan is the Month of Ibaadah (Worship)

There are **two conditions** that **MUST** be fulfilled for our worship to be accepted by Allah:

- 1) IKHLAAS (Sincerity) – the action is done sincerely for Allah's sake Alone, no shirk involved.
  - 2) MUTAABA'A – the action is in accordance with the Sunnah of Muhammad (salAllahu alaihi wa sallam), no bid'ah involved.
- Without **BOTH** conditions present, **NO** action will be accepted by Allah.

Fasting in Ramadaan is obligatory upon the Muslim who meets the following criteria:

- 1) Reached the age of puberty
- 2) Sane
- 3) Resident (not travelling).
- 4) Well enough to fast (health-wise)
- 5) Not menstruating or experiencing post-natal bleeding

Those who are exempt from fasting:

- 1) The elderly and the permanently ill, if it is difficult for them to fast; and the pregnant or breast-feeding woman (they must all feed a poor person for each day of fasting and do not have to make up the fast).
- 2) The temporarily ill person and the traveller (they have to make up the days of fasting they have missed).
- 3) The woman who is menstruating or experiencing post-natal bleeding – it is not permissible for her to fast and she must make up the days she has missed.

Essential Components of Fasting

- 1) Intention – which has to be made before dawn (for obligatory fasts) – the intention is in the heart and not pronounced verbally.
- 2) Refraining from things that nullify the fast from dawn until sunset.

Etiquettes of Fasting

- 1) To have suhoor (pre-dawn meal), even if it is a sip of water (suhoor time finishes at the start of fajr time)
- 2) Hastening to break the fast.
- 3) Breaking the fast with ripe dates; if not then with dried dates if not then with water.
- 4) Making the following du'a upon breaking the fast:

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ العُرُوقُ، وَوَبَّتِ الأَجْرُ إِنْ شَاءَ اللهُ

"Dhahaba-dhama-u, wabtallat'urruq, wa wabt'at'ajru insha'Allah"  
"The thirst has gone and the veins are quenched and the reward is confirmed if Allah wills."

- 5) Reading the Qur'an and studying it.
- 6) Being generous and charitable.
- 7) Refraining from vain speech and other acts that do not benefit the fast.

Things that nullify the fast

- 1) Deliberately eating or drinking (if a person forgetfully eats or drinks, his fast is not nullified and should be completed)
- 2) Making oneself vomit (the person has to make up the fast).
- 3) Taking injections that have nourishment (food).
- 4) Having intimate relations with your spouse (expiation is to fast 2 consecutive months, if you're not able to do this, then feed 60 poor people).
- 5) Menstruation and post-natal bleeding (if it occurs before sunset).  
[Note: All of the above (except point 5) only nullify the fast if they are done with knowledge, remembrance and free will.]

Things that DO NOT nullify the fast

- 1) The use of siwaak (toothstick), perfume, eye drops, non-nourishing injections and inhalers.
- 2) The medical practice of hijama (cupping).
- 3) To take a bath.
- 4) To kiss or touch one's spouse (for those who can control themselves).
- 5) To taste food (without swallowing) when there is a need to do so.

Common innovations during Ramadaan

Innovation is any belief, statement or action attributed to the Religion that has no authentic evidence from the Qur'an or the Sunnah.

- 1) To stop eating and drinking before the start of fajr out of precaution.
- 2) To delay the iftaar (opening the fast) out of precaution.
- 3) To be divided (or disunited) regarding the start and end of Ramadaan.
- 4) Verbally pronouncing the intention to fast every day.
- 5) Reading the Qur'an very fast with the intention to finish on the 27th night.

Zakatul-Fitr - £2

Please pay by 8th June

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